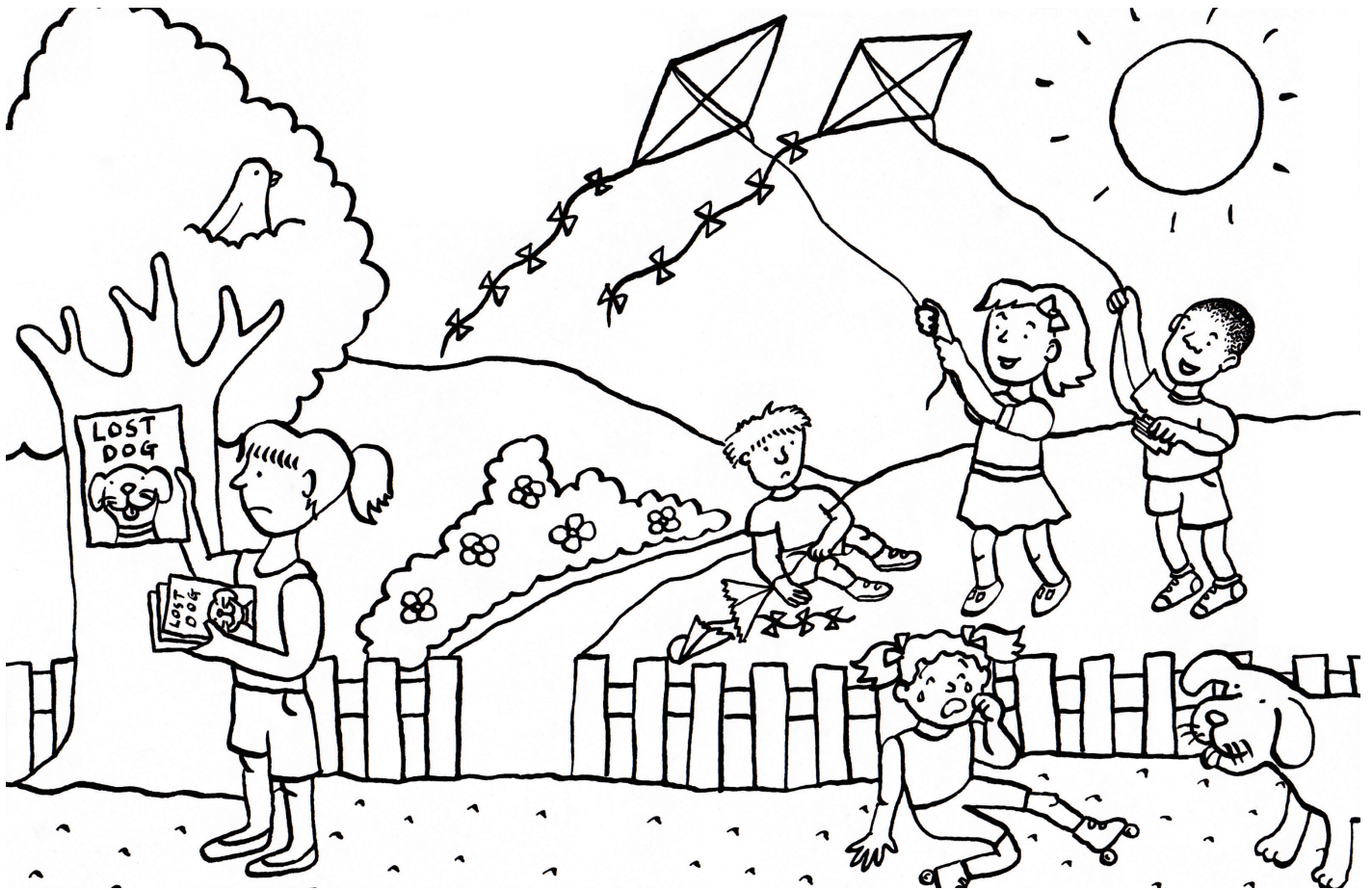


First Sunday of Advent (Year B)

Gospel: Mark 13:33-37

“Be on watch, be alert, for you do not know when the time will come”



Charity no 1160384 and a company limited by guarantee no 09387398. Illustration: Emma Metcalfe

Look at the illustration. It is very busy with lots of things going on. Can you spot:

- The person who needs someone to be kind to them?
- The person who needs someone to share with them?
- The person who needs some help?

Think about what you would do to help one of these people and draw yourself into the picture.

Advent activities

On the bunting flags are some different ways we can get ready to welcome Jesus this Advent. Colour in the ways as you try them out. Add your own idea to the last flag.



Use our online Advent calendar for children: cafod.org.uk/familyadventcalendar